Book 2 Unit 3

Reading 1

**Read and practice**

**Word Building**

1. overestimated

2. overactive

3. ever-increasing

4. evergreen

5. ever-present

6. overused

**Expressions**

1. by choice 2. held back 3. move on

4. am sick of 5. stand on his own two feet 6. run out

**Error Correction**

1. I know she goes out a lot at night, but I take comfort in the fact that she’s always with friends.
2. She regretted that she had taken her frustrations out on her family.
3. Living in a shared room with his brother, he missed having a place to himself.
4. Offered with interest-free credit, many people have been tempted into buying things they can’t afford.
5. News got around that the charge of murder had been dropped for lack of evidence.

**Banked cloze**

1. mentally 2. unparalleled 3. shape 4. cure 5. patience

6. fulfillment 7. sweat-dripping 8. discover 9. Push 10. expectations

**Read and translate**

Finding a good spot to run outdoors in Shanghai can be a challenge because of the intense traffic and people flow. However, there are increasing numbers of running routes in Shanghai these days and many runners have their own favorite running sites. The best spots for running in Shanghai are some of the parks and the wide sidewalks that have been rebuilt along the roads. You do not need to worry even if your favorite running spot is a bit far away because a great public transport system makes it easy for you to get to it.

Reading 2

**Read and practice**

**Word building**

1. discontented 2. enjoyable 3. fragility

4. meditative 5. employment 6. disposable

**Meaning in context**

1. D 2. B 3. A 4. C

5. A 6. D 7. B 8. C

**Expressions**

1. looking to 2. indistinguishable from 3. equate…with
2. was obsessed with 5. compete for 6. take a break

**Read and translate**

几十年前，技术的吸引力之一是它可以使我们摆脱工作的束缚，给我们更多的闲暇时间。但是，美国人现在的休闲时间比以往任何时候都少。这个国家的人们，尤其是上层阶级，在办公室待的时间更长，休假的时间也更少。为什么？没有人知道确切原因。部分原因可能是他们喜欢工作，沉迷于赚更多的钱以证明自己在经济上很成功，而且不想休息。另一部分原因可能与为什么人类这么聪明相似：因为为了竞争，我们必须和其他人类同伴一样聪明，或者比他们更聪明。我们不是与其他物种竞争，我们是与自己竞争。如果其他人工作很长时间，那么我们自己也应该这样做。